

Hong Kong College of Orthopaedic Surgeons Travelling Sponsorship for Young Fellows Written Report

With the support from the Young Fellows Committee of the Hong Kong College of Orthopaedic Surgeons, I had the privilege of attending the Asia Pacific Orthopaedic Association (APOA) Annual Congress in Australia from 9 to 12 April 2025. The congress featured a comprehensive program of workshops, symposia, and poster presentations, showcasing advancements across various orthopaedic subspecialties. Renowned experts from around the world shared insights into cutting-edge developments in orthopaedic surgery, creating a dynamic platform for learning and collaboration.

In the foot and ankle workshop, international experts demonstrated advanced techniques in minimally invasive surgery and hindfoot fusion, offering practical tips and technical pearls. Their discussions on managing complex cases with severe foot and ankle deformities were also inspiring, as they shared innovative solutions for complications. These insights will shape my approach to challenging cases in my practice. Similarly, the arthroplasty sessions provided valuable knowledge on tackling difficult primary cases. Experts presented intraoperative videos to illustrate different sophisticated surgical techniques. This exposure has enriched my clinical perspective and will guide my future management.

The APOA Annual Congress deepened my understanding of the latest advancements in orthopaedic surgery and technology. The practical knowledge gained will enhance my ability to manage complex cases. Furthermore, connecting with the global orthopaedic community has expanded my professional network, paving the way for future collaboration. I am deeply grateful to the Young Fellows Committee of our college for their generous sponsorship, which made this enriching experience possible. The expertise and connections gained at the congress will undoubtedly contribute to improved patient care in my clinical practice.

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